

Prompt Sheet for Professionals completing the CAF for school-age children

HEALTH

How would you rate your child's health overall on a scale of 1-5; 5 lots of problems 1 no problems at all?

What is on your mind there? Why is it on the number it is?

General Health

What is his/her favourite food?

Does your child have a good appetite?

Do they like fruit and vegetables?

Is he/she usually well or frequently ill/injured?

Who is the GP and dentist?

When did your child last see the GP and dentist?

Does your child have any health conditions such as asthma?

Does your child see any other doctors/nurses/therapists?

Are you waiting for any specialist medical referrals?

Do you feel the child is getting all the medical services needed?

If not what is missing?

Physical Development

Does your child do physical activities regularly such as football, gymnastics, dancing etc? Do they enjoy it?

What exercise do they enjoy most and how often do they do it?

Does he/she need to wear glasses/hearing aids and if so does he/she have them?

Do you think your child is a similar height and weight to other children of their age?

Does your child spend much time outside and if so doing what?

Speech, Language and Communications

Do you have any concerns about your child's speech?

Is your child able to express him/herself effectively, confidently and appropriately?

Does your child initiate conversation, listen to others?

Is he/she able to negotiate; reach an understanding by compromising with you i.e do a deal?

Does your child talk about their feelings?

Do you have any concerns about the child's ability to read and write?

Does he/she receive additional help in school for reading and writing?

Emotional and Social Development

Who are your child's friends?

Does your child play well with other children?

What games does your child enjoy doing with other children?

Who does he/she spend most time with?
Does he/she spend much time alone?
Has your child ever been bullied?
Does your child talk about their feelings?
Does he/she have a positive attitude?
What makes him/her happy?
What makes him/her sad?
Who would your child go to if they felt unhappy?
Who is he/she closest to?
Has your child experienced loss, bereavement or separation?
Does he/she ever do things they see as exciting without thinking about what might happen afterwards?

Behavioural Development

Are there behavioural difficulties?
Does your child behave in an aggressive way?
Does he/she get into trouble at school?
Does he/she get into trouble at home?
Is your child withdrawn at times?
How does your child cope with stress?
Are you struggling with managing your child's behaviour?
Are they struggling with managing their own behaviour?
How do you manage their behaviour (boundaries, for example saying no)?
If there are difficulties how are you coping?

Identity, including self esteem and self-image and social presentation

Does your child appear confident in him/herself and in what they can do?
Can your child name a special thing about him/herself?
Do you have any concerns about him/her feeling excluded and not 'fitting in' either at school or at home?
Do you have any concerns that he/she may be easily influenced doing things they don't want to do?
Does he/she choose clothes to wear for themselves?
What are his/her favourite clothes to wear?

Family and Social relationships

Does your child get on with their siblings?
Are you and your child close?
Do you have any worries about your own relationship with the child or his/her relationship with other members of the household?

Do you have any concerns about his/her ability to make friends and be part of a friendship group?

Does he/she have other role models they can turn to in their life other than you?

Does he/she help care for anyone?

Self-Care skills and independence

Does he/she clean their teeth, dress and undress themselves and feed themselves?

Do you have any concerns about things they cannot do for themselves?

Do you have any concerns about toileting such as bed wetting?

Does your child know how to ask for and accept help?

Does he/she show respect to him/herself and others?

Do you have any concerns about their ability to cope with big changes in life such as transition from primary to secondary school (*if that age*)?

What number would you like your child's health to be on? What needs to be done to achieve that? How would that make you feel knowing your child's health needs are all being met?

LEARNING

How would you rate your child's learning overall on a scale of 1-5 for example 5 lots of problems and 1 no problems at all?

What is on your mind there? Why is it on the number it is?

Understanding, reasoning and problem solving

Does your child understand simple instructions?

Can he/she negotiate i.e reach an understanding by compromising with you by doing a deal?

Does your child understand consequences of their actions i.e if they do something wrong there will be a consequence or if they do something right they will be rewarded?

Progress and Achievement in Learning

What school does your child go to?

Are there any identified learning needs?

What is his/her favourite story book?

How well is he/she doing in school?

What do they enjoy learning and doing in school?

What is their first language?

Is he/she learning other languages such as Welsh?

Participation in Learning, Education, and Employment

Has he/she missed any school this term and if so why?

Is the child able to listen and concentrate?

Is he/she interested in learning?

Aspirations

Do you have ambitions for your child, for example, doing well at school?

Do you encourage him/her to do well?

Do you feel your child has the opportunity to do well?

What number would you like your child's education to be on? What needs to be done to achieve that? How would that make you feel knowing your child's educational needs are all being met?

PARENTS AND CARERS

How do you manage as a parent on a scale of 1-5; 5 there are lots of problems, 1 there are no problems?

What is on your mind there? Why is it on the number it is?

Basic care, ensuring safety and protection

Are you happy with your home?

Is there anything about your home which makes you feel unsafe? (for example, is your home in good repair and a safe place?) If not, what would make your home a better place to live?

Do you have everything you need to keep your home clean?

Do you have everything you need to keep yourselves clean?

Do you have any worries about not meeting your child's basic needs (for example, ensuring he/she is fed, safe, kept warm, is well and is appropriately dressed?)

Do you have people to call on if you need help to ensure your child is safe?

If there was an emergency how would you call the services you need?

Emotional warmth and stability

Who lives in your home with you and the child? How long have they lived with you?

How long have you lived where you are?

How many times have you moved in your child's life?

Do you have a good support network?

Who do you turn to for advice and support if you need?

How are you coping/managing at the moment?

What are you struggling with, if anything?

Does your child respond to being praised?

Is he/she happy to be hugged?

Does he/she seek hugs?

How does your child respond when you tell them you love them?

Guidance, boundaries and stimulation

What are your child's favourite toys at home?

What things do you and the child enjoy doing together?

Are mealtimes and bed times the same each day?

How often do you say no to your child and what are the reasons? How do they respond?

Do you ever feel you struggle providing consistent boundaries at home?

If so what are the main challenges?

Are other adults in the child's life contradicting you over boundaries?

How do you discipline him/her and does it work or do you feel you need some help and advice?

What rewards do you give when he/she does something well?

How does the child respond to rewards when they do something well?

What number would you like the above to be on? What needs to be done to achieve that?

How would that make you feel if you achieved that?

FAMILY AND ENVIRONMENT

How would you rate the family on a scale of 1-5; 5 there are lots of problems regarding your family and 1 there are no problems at all?

What is on your mind there? Why is it on the number it is?

Family history, functioning and wellbeing

Who is in your family? (*sketch a family tree*)

Is there conflict within the family?

Are adults often stressed?

Are there positive relationships within the family?

Do you feel you are a positive role model to your child?

(If parents live apart) Does your child see other parents or previous step parents?

Is your child aware of and in contact with siblings/half siblings who are not living with you?

When was the last time you did something enjoyable as a family and what did you do?

Would you like to do more enjoyable things as a family?

Wider family

Does your child see or phone wider family members such as grandparents, aunts, uncles and cousins?

Who do you get support from (family members/close friends/neighbours)?

Do friends offer help?

Is your family affected by any particular difficulties at the moment for example bereavement, mental health issues (such as depression etc), domestic abuse, relationship

breakup, anti-social behaviour, criminal behaviour, substance misuse, caring for someone etc?

Does anyone in the family have contact with the police (or courts or prison)?

Housing, employment and financial considerations

Do you have any concerns about your accommodation?

Does the home have good amenities such as heating, sanitation, water, cooking facilities, hygiene and no overcrowding?

Is it warm and free from damp?

Can you make hot food and drinks?

Do you all have at least one other set of clothes which are the right size for you for this time of year?

Do you feel the home meets the needs of your child and family?

Do you have any worries about being homeless?

Do you or other adults work in your family or are you on benefits?

Are you or other adults often tired and stressed?

If not working do you or the other adults in the home have plans to work?

Do you have financial worries?

Social and community elements and resources, including education

What local community resources do you use? (for example GP, nursery, library, leisure centre etc).

Are there any resources you would like to use but can't due to cost, transport, inaccessibility for disabled people etc?

What is the worst thing about living here?

What is the best thing about living here?

Do you feel safe where you live?

What number would you like your family to be on? What needs to be done to achieve that number? How would that make you feel to achieve that number?