



**Development of Young Person (1<sup>st</sup> person) (amended 7<sup>th</sup> June 2011)**

**Health**

***General Health ~***

Who is your family doctor/dentist? When did you last see them?  
Have you had all the immunisations and health checks you need?  
What food do you like to eat? Have you eaten today?  
Are you feeling well today? Do you usually feel well?  
Do you have any worries about your sexual health?  
Are you taking any medication at the moment? Do you regularly take medication?  
Would you describe yourself as having a disability or a special need?  
Are you waiting for any referrals to a specialist?  
Do you feel you are the right weight for your height?  
Do you see any other doctors, therapists or nurses on a regular basis?  
Are you presently receiving or waiting for specialist medical services?  
Do you feel you are getting all the health services you need? If not, what do you think you are missing?  
What things do you do to keep healthy?

***Physical development ~***

Do you do any physical activities?  
What activities do you like doing best?  
Do you need to wear glasses/hearing aids etc.. If so do you have them?  
Do you think you are a similar weight and height to others your age?  
Do you spend time outdoors? Where, what do you do?

***Speech, language and communications ~***

Can you easily write your name, address date of birth etc on forms?  
Do you feel your writing and reading ability holds you back from doing things you want to?  
Do you find it hard to talk to people? What makes it difficult to talk about yourself or your feelings?  
Do you have enough support with speech, language and communication at school or college? If not, what would help you?

***Emotional and Social development ~***

What makes you happy or sad? Tell me who you go to for help if you feel unhappy.  
When you are frustrated, angry or upset, how would people around you know that something was wrong?  
Do you ever do things because they are exciting without thinking about what might happen or that it might get you into trouble?  
Do you find it easy to talk to people about how you feel? How do you feel?  
Have you ever been bullied?  
Tell me who you spend most of your time with?  
What sort of things do you do with other people?  
What do you like doing best?  
How much time do you spend on your own?  
Tell me who you feel close to –whatever age?

***Behavioural development ~***

How would you describe your behaviour today/usually?

How do you think other people would describe your behaviour today/usually?

If you sometimes get into trouble because of your behaviour, tell me what happened last time?

Can you tell me about a time when you helped somebody?

Do you drink alcohol? (what and how often)

Do you take drugs for recreational use? (what and how often?)

Are drugs and alcohol a necessary or positive part of your life?

Do you smoke cigarettes? How often?

Do you tend to act impulsively most of the time?

Do you get bored easily?

Do you think you have a good understanding of the consequences of your actions?

Who are the role models for you (friends or celebrities)?

Are you a role model for others?

Do you give in easily to others, friends, parents?

Are you impatient and agitated if made to wait for things or are you relaxed and take things in your stride?

Do you think you have problems or do you think it is other people who have a problem with you?

Do you think through problems that you meet?

***Identity, including self-esteem and self-image and social presentation ~***

Who is the most important person in your life?

If you had to name one special thing about yourself, what would that be?

Is there anything about yourself that you don't like?

What do you think other people like most about you?

Do you feel you are different from other people? How? In a good way or a worrying way?

Do you feel you are better or worse than other people, friends, family etc.

Do you feel you "fit in" with family and friends?

Do you feel "got at", bullied or discriminated against by others? (who, when, how)

Are there any certain groups of people who you can't easily accept or deal with?

When someone tells you that in their eyes, you have done something wrong, do you sometimes agree, sometimes disagree, always disagree or always agree?

***Family and social relationships ~***

Whom do you call family? How often do you see them?

What do you enjoy doing with your family?

How important are your friends to you?

Do you have a 'best friend'? If so, who is that and why are they so special?

Do you have to help look after anyone?

Can you name three people that you trust?

***Self-care and independence ~***

How independent are you? What do you do for yourself?

Do you need any help with day to day living? How do you feel about the help you receive?

Who will help you learn to be more independent as you grow up?

Do you get to do what you like to do?

How do you cope with big changes in your life?

***Learning ~***

Can you describe what you did yesterday and how you felt about the day?

Are your friends mostly the same age as you, or are they mostly younger or older than you?

Imagine someone treated you unfairly; what would you do?

Do you enjoy learning? What sort of things?

How are you at sorting out day to day problems?

**Progress and achievement in learning:**

How well do you think you are doing at school/college?

What is your favourite subject and why?

Is English your first language?

Do you have any qualifications in maths or English?

If you lack qualifications or confidence with reading, writing or maths, do you think that this is holding you back?

If you think you need additional help, how would you like to get this?

**Participation in learning, education and employment:**

What school or college do you go to? How regularly do you attend?

Do you enjoy school/college/training?

Do you have statement of any special needs?

Do you get on with other students?

What might stop you going to school/college?

Have you ever been excluded from school or college?

If you don't go to school/college at all, why is that, and how long have you been out of school/college?

What are you studying?

What do you think you are good at doing?

If you need help and advice about education and learning who can you go to?

If you are working, what is your job? Do you enjoy your job?

What do you want to do long term?

**Aspirations:**

What do you hope that learning will help you do?

What help do you need with learning to make sure you do your best?

Do you give up easily if you find something hard?

What are your hopes and goals for the future?

## Parents and Carers (1<sup>st</sup> person)

### ***Basic care, ensuring safety and protection ~***

Is the place where you live warm enough for you not to need to wear outdoor clothes (like coats and hats) when you are inside?

Can you make warm food and drinks where you live?

Can you keep yourself clean where you live?

Do you have at least one other set of clothes, which are the right size for you, and suitable for this time of year?

Is there anything about the place you live that makes you feel unsafe?

If you share the place you live with others, can you be in private when you need be?

In an emergency how would you call the services you need?

Do you feel able to look after your baby, toddler, child and make sure they're safe?

Is your home in good repair and a safe place for you? If not, what would make your home a better place to live?

### ***Emotional warmth and stability ~***

Who lives with you at home? How long have they lived there?

Who cares for you and takes responsibility for you?

If you were upset or frightened who would be there for you and make sure you were all right?

If you were worried about a problem, who would you turn to for advice?

If you do something well, who would be proud, and praise you?

How long have you lived where you do now, and how many times have you moved home in the last year or so?

How are you coping/managing at the moment?

### ***Guidance, boundaries and situation ~***

In general are your parents/carers interested in you and involved in what you do?

Do your parents/carers usually encourage you with your learning; for example, giving you the space and time you need to complete school or college work?

Do you have a quiet place where you can study?

Do you think your parents/carers sometimes overprotect you, and treat you as younger and as less able than you are?

If you do something wrong, what happens, and how do the people around you respond?

How do you react when people ask you to do the things that you don't want to do?

What rules or boundaries do you think you need?

Do any adult (parents or carers) spend leisure time with you?

Do you believe any adult (parent or carers) enjoys your company?

## **Family and Environment (1<sup>st</sup> person) (amended 7<sup>th</sup> June 2011)**

### ***Family history, functioning and well-being ~***

When you want to know something about your family, whom might you ask?

Are you living apart from a parent or anyone close to you?

Does anyone in your family have involvement with the police or courts?

If, so, how do you feel about it?

Is there some predictable routine to your family life at home, for example, in relation to meal times, bed times and who will be at home when?

Tell me what you did for your last birthday?

Think about a really good time you enjoyed with your family. What was it, and what made it so special for you?

Is there someone within your family that you trust and could turn to for help if needed?

Is there someone that your parents/carers know and trust that they could turn to for help?

### ***Wider family ~***

Other than your family, who is important to you in your life?

Are there people in your neighbourhood or community that you know and trust that you could turn to for help if you needed to?

Are there people in your neighbourhood or community that your parents or carers know and trust that they could turn to for help if they needed to?

Can someone who is not really a member of your family, feel like family and be just as important, and do you have anyone like that in your family?

### ***Housing, employment and financial considerations ~***

What is it like to live in the area you do?

At home, who is working and what do they do?

Does anyone in your family work away from home or at night, so much that you don't see them very often?

Does their work mean that your family are always too tired to give you the attention you need?

Is there enough money, from work and any benefits, to meet your family's needs?

Have you had many house moves? Is there a risk or plan for a move in the future?

What are your employment prospects in this area?

What are the barriers locally to your getting a job you would like?

### ***Social and community elements and resources including education ~***

Tell me what local facilities you use (for example schools, youth clubs, events, sports, play and leisure centres, libraries etc).

Are there any local facilities that you would like to use but can't for some reason?

If so, why can't you use these facilities (for example cost, transport, inaccessible to disabled people)?

Is your area fairly isolated?

Are there young people of your own age in your area?

When you are out and about locally with friends or family, what sort of things do you do?

What is the best thing about living where you do?

What is the worst thing about living where you do?

Are you aware if drugs are bought and sold in your area?

Do you think there is a lot of crime in your area?

What local facilities like clinics, activity groups, special interest groups, learning opportunities are available? Do you use them?

***Social and community elements and resources including education ~continued....***

Are your friends or others around you known to the Police or Youth Justice? Do you have friends not known to them?

Do you have a good network of friends? Are they supportive of you?

Would you take opportunities locally to do voluntary work to improve your chances of paid employment?

***Conclusions?***

Is there agreement as to whether any difficulties are due to the Young person's own behaviour, or of others or events and circumstances?

Has the young person caused actual serious harm to another person?

Has he or she said that they will cause serious harm?

Are there concerns expressed by other people about a serious harm issue?

Are you aware of any dangers associated with home visits? (e.g. dogs, syringes, violent family).

What is needed in order to impact on the young person's behaviour?